

Mobile Physical Therapy

Wellness 360 is now offering mobile physical therapy. We treat patients recovering from a wide range of conditions; without having to leave the comfort of your home. Pt sessions are focused on decreasing pain, and returning you to your prior level of function!

Outpatient PT Without the Travel



- ▶ Comprehensive Assessment
- ▶ Orthopedic, Cardiac and Neurological Conditions
- ▶ Chronic Pain
- ▶ Balance & Fall Prevention
- ▶ Flexible Scheduling
- ▶ No Extra Cost

Total Joint Replacement Recovery



- ▶ Pain Control
- ▶ Detailed Home Exercise Program
- ▶ Manual Techniques
- ▶ Home Safety and Equipment Recommendations

Goals



- ▶ Decrease Pain and Swelling
- ▶ Range of Motion
- ▶ Increase Strength and Endurance
- ▶ Decrease Risk of Falls
- ▶ Return to Unrestricted Mobility

We Come to You!
**Schedule your Appointment
Today**

☎ Phone: 585-259-0782

☎ Fax: 585-512-8372

✉ info@wellness360fitness.com



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