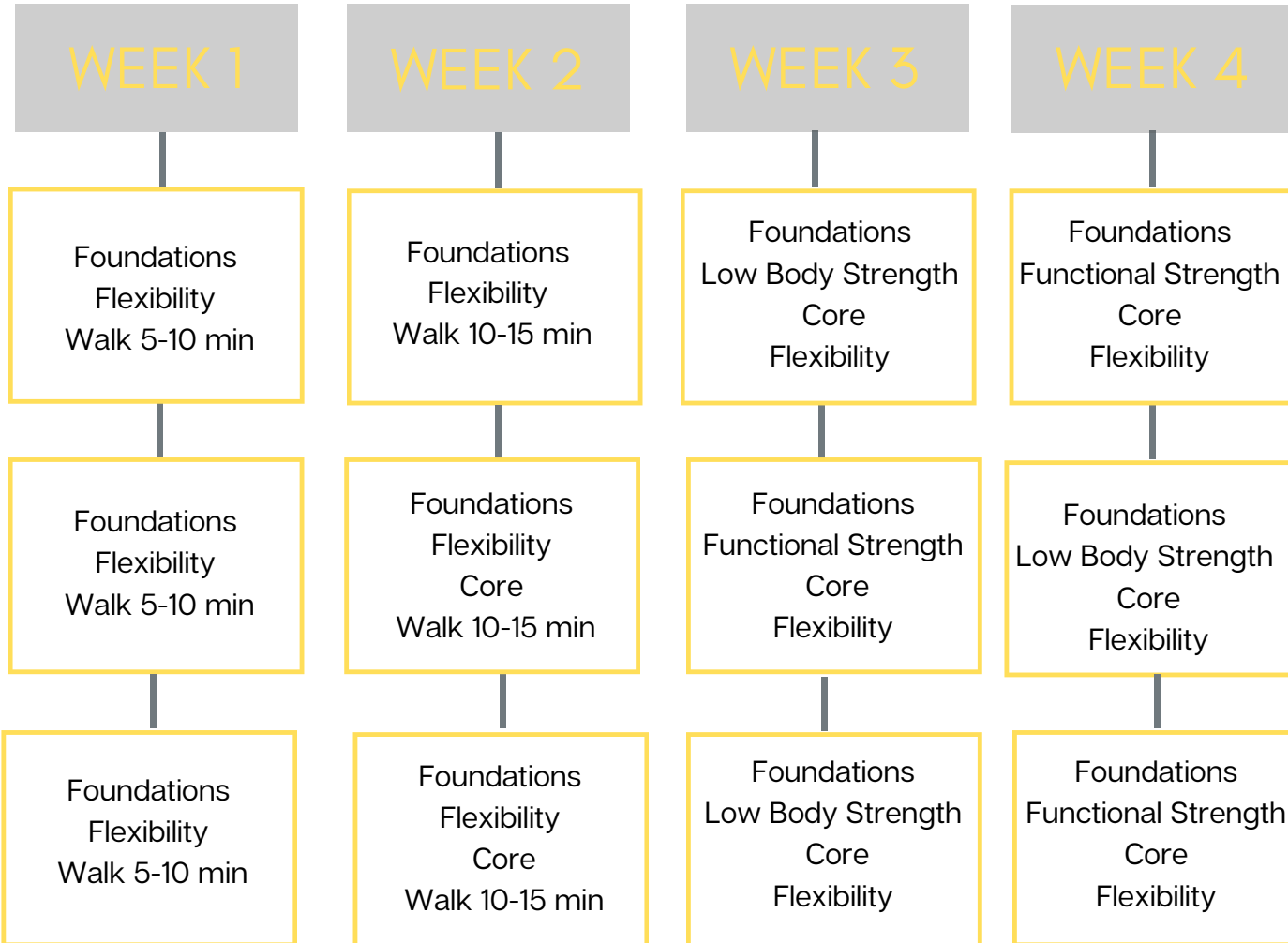


LOW BACK PAIN



Tips for success!

All Exercise should be completed PAIN Free!

Please contact us for modifications if needed.

One on One appointments are available for back pain reduction.

- Physical Therapy
- Massage Therapy
- and More

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