



Wellness 360 offers Outpatient Physical Therapy  
Evidence-Based Exercise Interventions  
with a Specialized Physical Therapist

## Physical Therapy

Our Physical Therapy Services are located in 3 Convenient Locations:  
Webster, Rochester, and in the comfort of your home through Mobile PT

- ▶ Parkinson's
- ▶ Neuro-Rehab
- ▶ Balance and Fall Prevention
- ▶ Orthopedic Issues
- ▶ Chronic Pain
- ▶ Osteoporosis
- ▶ Bariatric

Billable to Insurance  
Cash-based option available

\*No referral needed  
\*Dependent on your Insurance

Schedule by calling  
585-259-0782  
or Email:  
[info@wellness360fitness.com](mailto:info@wellness360fitness.com)



191 W Main St, Webster ▶ 1328 University Ave, Rochester

Phone: 585-259-0782 ▶ Fax: 585-512-8372

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